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		Meowscarada	Grass	Dark	// Protean	76	110	70	81	70	123	530	<ul style="list-style-type: none">• Flower Trick (105 BP, never misses)• Hone Claws• U-Turn• Play Rough• Knock Off• Grassy Terrain	<ul style="list-style-type: none">• Sucker Punch	<ul style="list-style-type: none">• Thunder Punch• Low Kick• Spikes• Aerial Ace• Toxic Spikes• Shadow Claw


		Skeledirge	Fire	Ghost	// Unaware	104	75	100	110	76	66	531	<ul style="list-style-type: none">Torch Song (80 BP, +1 special attack)Shadow Ball	<ul style="list-style-type: none">Slack Off	<ul style="list-style-type: none">Solar BeamEarth Power
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		Quaquaval	Water	Fighting	// Moxie	85	120	80	85	75	85	530	<ul style="list-style-type: none">Aqua Step (80 BP, +1 speed)Aqua JetAcrobaticsClose CombatWave Crash	<ul style="list-style-type: none">Rapid SpinRoost	<ul style="list-style-type: none">AgilityAerial AceU-turnBrave Bird
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		Dudunsparce	Normal	Serene Grace	125	100	80	85	75	55	520	<ul style="list-style-type: none">Hyper Drill (? BP, works against Protect/Detect/...))Boomburst	<ul style="list-style-type: none">Aqua Tail	<ul style="list-style-type: none">EarthquakeShadow BallAgilityBaton PassPoison JabStone EdgeStealth RockSmart StrikeBody PressCalm MindFlamethrower/Fire BlastIce BeamThunderboltEarth PowerHurricaneIce Spinner	
		Lokix	Bug	Dark	Tinted Lens	71	102	78	52	55	92	450	<ul style="list-style-type: none">Axe Kick (120 BP, 90(100) ACC, 30%-10% confused, user takes damage if move misses)Bug BiteSucker Punch		<ul style="list-style-type: none">Swords DanceAgilityLeech LifeAerial AceU-turn


		Rabsca	Bug	Psychic	Synchronize	75	50	85	115	100	45	470	<ul style="list-style-type: none"> Revival Blessing (revives fainted ally to half of max HP) Bug Buzz Psychic 	<ul style="list-style-type: none"> Recover Cosmic Power 	<ul style="list-style-type: none"> Sludge Bomb Shadow Ball Calm Mind Power Gem Energy Ball Earth Power Trick Room Dazzling Gleam Pounce
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		Houndstone	Ghost		Sand Rush // Fluffy	72	101	100	50	97	68	488	<ul style="list-style-type: none"> Last Respects (50 BP, more allies defeated = greater power) Crunch Play Rough Double-Edge 	<ul style="list-style-type: none"> Shadow Sneak 	<ul style="list-style-type: none"> Sandstorm Crunch Psychic Fangs Stomping Tantrum Body Press
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		Espathra		Psychic	Opportunist // Speed Boost	95	60	60	101	60	105	481	<ul style="list-style-type: none"> Lumina Crash (80 BP -2 special defense on opponent) Agility Dazzling Gleam 	<ul style="list-style-type: none"> Roost 	<ul style="list-style-type: none"> Baton Pass Shadow Ball Calm Mind Energy Ball Flash Cannon
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		Farigiraf	Normal	Psychic	Cud Chew / Armor Tail	120	90	70	110	70	60	520	<ul style="list-style-type: none"> Doodle (user and ally copy opponent's ability) Crunch Baton Pass Nasty Plot Psychic 		<ul style="list-style-type: none"> Thunderbolt Earthquake Psychic Agility Baton Pass Shadow Ball Hyper Voice Calm Mind Energy Ball/Grass Knot Charge Beam Dazzling Gleam
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		Dondozo	Water	Unaware	150	100	115	65	65	35	530	<ul style="list-style-type: none"> Double-Edge Wave Crash 	<ul style="list-style-type: none"> Thrash 	<ul style="list-style-type: none"> Earthquake Rock Slide Crunch Avalanche Zen Headbutt Heavy Slam Body Press
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		Veluza	Water	Psychic	// Sharpness	90	102	73	78	65	70	478	<ul style="list-style-type: none"> Fillet Away (+2 attack, special attack, speed by using its own HP) Aqua Cutter (70 (<75) BP increased critical hit ratio) Aqua Jet Night Slash Psycho Cut 	<ul style="list-style-type: none"> Thrash Recover 	<ul style="list-style-type: none"> Agility Waterfall Crunch Zen Headbutt Drill Run
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		Palafin	Water	Zero to Hero	100	70	72	53	62	100	457			
		Palafin Hero	Water	Zero to Hero	100	160	97	106	87	100	650	<ul style="list-style-type: none">• Jet Punch (? BP, priority)• Flip Turn• Aqua Jet• Acrobatics• Wave Crash	<ul style="list-style-type: none">• Boomburst	<ul style="list-style-type: none">• Ice Punch• Agility• Waterfall• Bulk Up• Close Combat• Drain Punch• Zen Headbutt• Iron Head


		Arboliva	Grass	Normal	Seed Sower // Harvest	78	69	90	125	109	39	510	<ul style="list-style-type: none"> Grassy Terrain Energy Ball Terrain Pulse 	<ul style="list-style-type: none"> Synthesis Strength Sap 	<ul style="list-style-type: none"> Giga Drain Sunny Day Earth Power Dazzling Gleam Pollen Puff
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		Scovillain	Grass	Fire	// Moody	65	108	65	108	65	75	486	<ul style="list-style-type: none"> Trailblaze (50 BP, +1 speed) Spicy Extract (+2 attack, -1 defense on target) Growth Zen Headbutt Crunch Seed Bomb 		<ul style="list-style-type: none"> Flamethrower Crunch Bullet Seed Energy Ball Zen Headbutt Stomping Tantrum
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		Bellibolt	Electric	Electromorphosis	109	64	91	103	83	45	495	<ul style="list-style-type: none"> Slack Off Electric Terrain Sucker Punch 	<ul style="list-style-type: none"> Muddy Water 	<ul style="list-style-type: none"> Thunderbolt/T hunder Rain Dance Acid Spray Volt Switch Chilling Water
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		Revavroom	Poison	Steel	Filter	80	119	90	54	67	90	500	<ul style="list-style-type: none"> Spin Out (? BP,-2 speed on opponent) Shift Gear Iron Head Poison Jab Gunk Shot 		<ul style="list-style-type: none"> Overheat Zen Headbutt Heavy Slam Bulldoze
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		Maushold	Normal	// Technician	74	75	70	65	75	111	470	<ul style="list-style-type: none"> Population Bomb (? BP, hits 1-10 times in a row) Tidy Up (removes hazard entries, +1 attack and speed) Bullet Seed Play Rough 	<ul style="list-style-type: none"> Baton Pass Switcheroo 	<ul style="list-style-type: none"> Low Kick Thief Aerial Ace U-turn Seed Bomb Shadow Claw Low Sweep
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		Cetitan	Ice	Thick Fat // Sheer Force	170	113	65	45	55	73	521	<ul style="list-style-type: none"> Ice Spinner (780? BP, destroys terrain) Ice Shard Amnesia 	<ul style="list-style-type: none"> Belly Drum Superpower 	<ul style="list-style-type: none"> Ice Punch Earthquake Avalanche Heavy Slam Bulldoze Play Rough Liquidation Body Press
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		Baxcalibur	Dragon	Ice	Thermal Exchange // Ice Body	115	145	92	75	86	87	600	<ul style="list-style-type: none">• Glaive Rush (? BP, opponent has x2 damage and perfect accuracy to user during the next turn)• Snowscape (summons Snowstorm, +1 defense)• Ice Shard• Dragon Claw• Crunch• Icicle Crash	<ul style="list-style-type: none">• Aqua Tail• Freeze-Dry	<ul style="list-style-type: none">• Swords Dance• Iron Head• Earthquake• Dragon Dance• Zen Headbutt• Bulldoze• Body Press
		Pawmot	Electric	Fighting	Natural Cure // Iron Fist	70	115	70	70	60	105	490	<ul style="list-style-type: none">• Revival Blessing (revives fainted ally to half of max HP)• Double Shock (? BP, deletes its electric typing)• Close Combat	<ul style="list-style-type: none">• Mach Punch• Fake Out	<ul style="list-style-type: none">• Fire Punch• Ice Punch• Thunder Punch• Crunch• Seed Bomb• Play Rough


		Flamigo	Flying	Fighting	// Costar	82	115	74	75	64	90	500	<ul style="list-style-type: none"> Low Kick Roost Throat Chop Brave Bird 		<ul style="list-style-type: none"> U-turn Close Combat Liquidation Pounce
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		Klawf	Rock		Anger Shell	70	100	115	35	55	75	450	<ul style="list-style-type: none"> Rock Tomb X-Scissor High Horsepower 	<ul style="list-style-type: none"> Crabhammer Knock Off 	<ul style="list-style-type: none"> Brick Break Shadow Claw Stone Edge Stealth Rock Bulldoze Trailblaze
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		Garganacl	Rock	Purifying Salt	100	100	130	45	90	35	500	<ul style="list-style-type: none"> • Salt Cure (40 BP, super effective against water and steel types, heals ¼ of max HP, other type heals ½) • Hammer Arm • Recover • Stealth Rock • Heavy Slam • Earthquake • Stone Edge 		<ul style="list-style-type: none"> • Fire Punch • Ice Punch • Thunder Punch • Avalanche • Zen Headbutt • Iron Head
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		Glimmora	Poison	Rock	Toxic Debris	83	55	90	130	81	86	525	<ul style="list-style-type: none"> • Mortal Spin (? BP, eliminates HP absorbing moves and poisons opponent) • Stealth Rock • Power Gem • Sludge Wave 		<ul style="list-style-type: none"> • Spikes • Energy Ball • Earth Power • Flash Cannon • Acid Spray • Dazzling Gleam
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		Mabosstiff (Day Form)	Dark	Intimidate / Guard Dog // Stakeout	80	120	90	60	70	85	505	<ul style="list-style-type: none"> Comeuppance (? BP, x2 damage when opponent inflicts damage) Hone Claws Crunch Outrage 	<ul style="list-style-type: none"> Play Rough 	<ul style="list-style-type: none"> Wild Charge Psychic Fangs Trailblaze
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		Mabosstiff (Night Form)	Dark	Intimidate / Guard Dog // Stakeout	80	120	90	60	70	85	505	<ul style="list-style-type: none"> Comeuppance (? BP, x2 damage when opponent inflicts damage) Hone Claws Crunch Outrage 	<ul style="list-style-type: none"> Play Rough 	<ul style="list-style-type: none"> Wild Charge Psychic Fangs Trailblaze
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		Gholdengo	Ghost	Steel	Good as Gold	87	60	95	133	91	84	550	<ul style="list-style-type: none"> Make It Rain (2 BP, 1 special attack on opponent) Shadow Ball Recover Power Gem Nasty Plot 		<ul style="list-style-type: none"> Thunderbolt Psychic Trick (Flame Orb/Toxic Orb) Focus Blast Flash Cannon Charge Beam Psystock Dazzling Gleam
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		Tinkaton	Fairy	Steel	Mold Breaker / Own Tempo	85	75	77	70	105	94	506	<ul style="list-style-type: none"> Gigaton Hammer (160 BP, can't use twice in a row) Play Rough Fake Out Knock Off 	<ul style="list-style-type: none"> Ice Hammer 	<ul style="list-style-type: none"> Swords Dance Brick Break Stone Edge Pounce
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		Amarouge	Fire	Psychic	Flash Fire // Weak Armor	85	60	100	125	80	75	525	<ul style="list-style-type: none">Armor Cannon (? BP, -1 defense and special defense on opponent)PsyshockFlame ChargeCalm Mind		<ul style="list-style-type: none">PsychicAura SphereDark PulseFocus BlastEnergy BallFlash Cannon
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		Ceruleledge	Fire	Ghost	Flash Fire // Weak Armor	75	125	80	60	100	85	525	<ul style="list-style-type: none">Bitter Blade (? BP, HP restored by ½ of move's damage)Shadow ClawFlame ChargeSwords DancePsycho CutShadow Sneak (Relearn)		<ul style="list-style-type: none">Swords DanceBrick BreakBulk UpClose CombatPoison JabX-ScissorIron Head
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		Kingambit	Dark	Steel	Supreme Overlord	100	135	120	60	85	50	550	<ul style="list-style-type: none"> Kowtow Cleave (85 BP, never misses) Iron Head Swords Dance 	<ul style="list-style-type: none"> Sucker Punch 	<ul style="list-style-type: none"> Low Kick Poison Jab X-Scissor Shadow Claw Zen Headbutt Stone Edge
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		Annihilape	Fighting	Ghost	// Defiant	110	115	80	50	90	90	535	<ul style="list-style-type: none"> Low Kick Rage Fist (? BP, more attacks taken = greater damage) Close Combat Stomping Tantrum Outrage 	<ul style="list-style-type: none"> Night Slash 	<ul style="list-style-type: none"> Fire Punch Ice Punch Thunder Punch Earthquake Rock Tomb Bulk Up U-turn Seed Bomb Drain Punch Shadow Claw Gunk Shot Stone Edge Low Sweep Bulldoze
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		Paldean Tauros1	Fighting		Intimidate // Cud Chew	75	110	105	30	70	100	490	<ul style="list-style-type: none">• Raging Bull (? BP, breaks Light Screen/Reflect/...)• Zen Headbutt• Thrash• Close Combat		<ul style="list-style-type: none">• Earthquake• Iron Head• Stone Edge• Wild Charge• Trailblaze
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		Paldean Tauros2	Fighting	Fire	Intimidate // Cud Chew	75	110	105	30	70	100	490	<ul style="list-style-type: none">• Raging Bull (? BP, breaks Light Screen/Reflect/...)• Zen Headbutt• Thrash• Wave Crash• Close Combat		<ul style="list-style-type: none">• Earthquake• Iron Head• Stone Edge• Wild Charge• Trailblaze
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		Paldean Tauros3	Fighting	Water	Intimidate // Cud Chew	75	110	105	30	70	100	490	<ul style="list-style-type: none"> Raging Bull (? BP, breaks Light Screen/Reflect/...) Zen Headbutt Thrash Flare Blitz Close Combat 		<ul style="list-style-type: none"> Earthquake Iron Head Stone Edge Wild Charge Trailblaze
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		Great Tusk	Ground	Fighting	Protosynthesis	115	131	131	53	53	87	570	<ul style="list-style-type: none"> Sunny Day Rapid Spin Knock Off Earthquake Close Combat Megahorn Headlong Rush 	•	<ul style="list-style-type: none"> Zen Headbutt Iron Head Stone Edge Heavy Slam Play Rough Ice Spinner
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		Brute Bonnet	Grass	Dark	Photosynthesis	111	127	99	79	99	55	570	<ul style="list-style-type: none">SynthesisPaybackThrashSucker PunchSpore	.	<ul style="list-style-type: none">Bullet SeedClose CombatSeed BombZen HeadbuttStompingTantrum
		Sandy Shocks	Electric	Ground	Photosynthesis	85	81	97	121	85	101	570	<ul style="list-style-type: none">Electric TerrainCharge BeamEarth Power	.	<ul style="list-style-type: none">ThunderboltSpikesSunny DayPower GemFlash CannonStealth RockVolt Switch


		Flutter Mane	Ghost	Fairy	Photosynthesis	55	55	55	135	135	135	570	<ul style="list-style-type: none">Shadow BallMystical FirePower GemPsyshockMoonblast	•	<ul style="list-style-type: none">ThunderboltDark PulseEnergy BallCharge BeamPsyshockDraining Kiss
		Slither Wing	Bug	Fighting	Photosynthesis	85	135	79	85	105	81	570	<ul style="list-style-type: none">Flame ChargeLow SweepMorning SunLungeBulk UpDualWingbeatLeech Life	•	<ul style="list-style-type: none">Low KickEarthquakeWill-O-WispU-turnClose CombatFlare BlitzZen HeadbuttWild ChargeTrailblaze


		Roaring Moon	Dragon	Dark	Protosynthesis	105	139	71	55	101	119	590	<ul style="list-style-type: none">Dragon ClawZenHeadbuttDragon DanceThroat ChopRoostScale Shot (Relearn)	•	<ul style="list-style-type: none">EarthquakeCrunchU-turnIron HeadStone EdgeBody Press
		Iron Treads	Ground	Steel	Quark Drive	90	112	120	72	70	106	570	<ul style="list-style-type: none">Electric TerrainIron HeadKnock OffEarthquakeHeavy SlamWild ChargeMegahorn	•	<ul style="list-style-type: none">Zen HeadbuttStone EdgeBody PressIce Spinner



		Iron Moth	Fire	Poison	Quark Drive	80	70	60	140	110	110	570	<ul style="list-style-type: none">• Acid Spray• Discharge• Sludge Wave• Fiery Dance• Hurricane• Bug Buzz	•	<ul style="list-style-type: none">• Psychic• Agility• Fire Blast• U-turn• Air Slash• Energy Ball• Flash Cannon• Electric Terrain• Dazzling Gleam
		Iron Hands	Fighting	Electric	Quark Drive	154	140	108	50	68	50	570	<ul style="list-style-type: none">• Fake Out• Wild Charge• Close Combat• Heavy Slam• Belly Drum	•	<ul style="list-style-type: none">• Fire Punch• Ice Punch• Thunder Punch• Low Kick• Earthquake• Drain Punch• Play Rough



		Iron Jugulis	Dark	Flying	Quark Drive	94	80	86	122	80	108	570	<ul style="list-style-type: none">• Electric Terrain• Air Slash• Dark Pulse• Dragon Pulse	•	<ul style="list-style-type: none">• Hydro Pump• Fire Blast• Focus Blast• Earth Power• Flash Cannon• Charge Beam• Hurricane• Snarl
		Iron Thorns	Rock	Electric	Quark Drive	100	134	110	70	84	72	570	<ul style="list-style-type: none">• Charge• Sandstorm• Wild Charge• Pin Missile• Earthquake• Stealth Rock• Stone Edge	•	<ul style="list-style-type: none">• Fire Punch• Ice Punch• Thunder Punch• Low Kick• Spikes• Crunch• Dragon Dance• Heavy Slam



		Iron Bundle	Ice	Water	Quark Drive	56	80	114	124	60	136	570	<ul style="list-style-type: none">Freeze-DryFlip TurnIce BeamHydro Pump	•	<ul style="list-style-type: none">U-turnPlay RoughElectric TerrainSnowscape
		Iron Valiant	Fighting	Fairy	Quark Drive	74	130	90	120	60	116	590	<ul style="list-style-type: none">Shadow SneakHypnosisLeaf BladeMoonblastClose CombatKnock OffSpirit Break	•	<ul style="list-style-type: none">Fire PunchIce PunchThunder PunchSwords DanceLow KickPoison JabX-ScissorDrain PunchShadow ClawZen HeadbuttLiquidationCalm MindThunderboltPsychicShadow BallAura SphereEnergy Ball/Grass KnotCharge Beam



	Pokémon	Stat Change	Ability Change	Movepool Additions	Movepool Deletions
	Ampharos			Dazzling Gleam	



	Arcanine-Hisui		Justified -> Rock Head	Head Smash Stealth Rock	
	Avalugg-Hisui			Icicle Crash Stealth Rock	



	Banette			Swords Dance	
	Basculegion-Female		Rattled -> Swift Swim		



	Basculegion-Male		Rattled -> Swift Swim		
	Beartic			Close Combat Earthquake	



	Bisharp				Knock Off
	Braviary-Hisui		Defiant -> Tinted Lens		


	Breloom			Close Combat Gunk Shot	
	Cacturne			Toxic Spikes	



	Chesnaught			Body Press Close Combat	
	Cinderace			Swords Dance	



	Decidueye-Hisui		Long Reach -> Scrappy	Traiblaze Close Combat Defog	
	Delphox			Nasty Plot Focus Blast	

	Drednaw			Shell Smash	
	Eelektross			Close Combat Liquidation	



	Espeon			Trailblaze Power Gem	
	Flareon			Calm Mind Trailblaze	

	Floazel			Wave Crash Ice Spinner	
	Gallade		+ Sharpness	Agility Sacred Sword	



	Garchomp			Spikes Liquidation Thunder Fang	
	Gardevoir				



	Gengar			Toxic Spikes	
	Glaceon			Calm Mind Trailblaze	


	Golduck			Nasty Plot	
	Goodra-Hisui		Overcoat -> Shell Armor	Flash Cannon	



	Greninja			Liquidation Switcheroo Swords-Dance	
	Greninja-Ash	Same stats as regular form.			

	Grumpig			Nasty Plot (BDSP) Dazzling Gleam Earth Power	
	Hariyama			Headlong Rush Drain Punch	



	Hydreigon			Stealth Rock	Defog Roost
	Jolteon			Calm Mind Trailblaze	



	Kleavor	- 5 Atk / + 5 SpD (130/75)	Steadfast -> Sharpness	Stealth Rock	
	Krookodile			Gunk Shot	High Horsepower Knock Off



	Leafeon			Calm Mind Trailblaze	
	Lilligant-Hisui			Ice Spinner	



	Luxray			Trailblaze	Superpower
	Medicham			Close Combat Axe Kick Trailblaze	

	Muk			Drain Punch Toxic Spikes	
	Muk-Alola			Drain Punch	



	Oricorio			Quiver Dance	
	Overqwil			Crunch Aqua Jet Liquidation	



	Rillaboom				Superpower High Horsepower Grassy Glide
	Salazzle			Toxic Spikes	



	Samurott-Hisui		Shell Armor -> Sharpness	Knock Off Sucker Punch	
	Sawsbuck			Zen Headbutt Body Slam Stomping Tantrum Wild Charge	



	Scizor			Pounce Trailblaze Close Combat	
	Skuntank			Toxic Spikes	


	Slowking-Galar			Toxic Spikes	
	Sneasler		+ Unburden	Rock Slide Fire Punch Gunk Shot Toxic Spikes Taunt Swords Dance U-turn Switcheroo	

	Sudowoodo			Spikes Trailblaze	
	Toxicroak			Close Combat	

	Toxtricity			Toxic Spikes	
	Tropius			U-turn Hurricane	

	Typhlosion-Hisui		Flash Fire -> Frisk		
	Umbreon			Calm Mind Trailblaze	

	Ursaluna			Earthquake Facade Close Combat Taunt Gunk Shot Play Rough Bulk Up Belly Drum Drain Punch Trailblaze	
	Vaporeon			Calm Mind Trailblaze	

	Weavile			Ice Spinner	Knock Off Triple Axel
	Zoroark-Hisui	Same stats as regular form.		Body Slam Hyper Voice Focus Blast Trick	